

AGENDA FOR RFH MASTERCLASS 2026

“NET Academy”



The event has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 10 category 1 (external) CPD credit(s)

The Agenda is designed for consultants from multiple disciplines, other healthcare professionals (including GPs, Clinical Nurse Specialists, Dieticians), scientists, and trainees, who are involved in the management of neuroendocrine neoplasms (NENs)

Thursday 18th June

14: 00 – 15: 00: Registration - Light meal

15:00 – 15:10: Welcome - Introduction: **Prof Martyn Caplin**

15:10 - 17:00: SESSION A – DIAGNOSTICS IN ADVANCED NENS

Moderators: Prof Rocio Carbonero (ESP) - Prof Ashley Grossman

1. “Tips and Tricks” in GEP-NEN clinical assessment 10’
Prof Christos Toumpanakis
2. Pathology
 - a. The optimal GEP-NEN and bronchial NEN histopathology report - **Dr Jennifer Watkins** 25’
 - b. Tissue biomarkers for differential diagnosis & Predictive prognostic tissue biomarkers – **Dr Jennifer Watkins** 15’
3. Serum and urine NEN biomarkers: where we stand in 2026? **Prof Mohid Khan** 15’

4. Imaging biomarkers

- a. Tumour Growth Rate (TGR) – **Dr Conrad Von Stempel** 10'
- b. The complementary role of FDG PET - **Dr Shaunak Navalkissoor** 15'

5. Optimal diagnostic algorithm – Histopathology Quiz - Interactive cases – Q&As
Dr Jennifer Watkins / Moderators / Prof Christos Toumpanakis 20'

17:00 – 17:30 Tea / Coffee break / Networking

17:30 – 18:15 SESSION B: SYMPTOMS' CONTROL

Moderators: Dr Bernard Khoo – Dr Eleni Armeni

1. NEN emergencies (Carcinoid Crisis, Pheochromocytoma crisis, Cushing's crisis, VIPoma crisis) - **Dr Alia Munir** 15'
2. Optimal use of Somatostatin Analogues (SSAs) for refractory syndromes - **Dr Effie Karra** 15'

DISCUSSION - Q&A: 15'

18:15 – 18:55 SESSION C: NEN “SPECIAL TOPICS”

Moderators: Dr Dalvinder Mandair – Dr Mary McStay

1. How we can incorporate advances in Diagnostic and Therapeutic endoscopy into the management of GEP-NENs – **Dr Edward Despott / Dr Alberto Murino** 15' + 5' discussion
2. Non-surgical management of Carcinoid Heart Disease – **Dr Joseph Davar** 15' + 5' discussion

18:55 – 19:00: CONCLUSIONS OF DAY 1: Prof Martyn Caplin

Industry Mini-Symposium (ESTEVE): 19:00 – 19:15

Prof Nick Reed – Prof Christos Toumpanakis

20:00: MASTERCLASS DINNER

Friday 19th June

08:45 – 09:30: SESSION D: BRONCHIAL Neuroendocrine Tumours (NETs) in 2026

Moderators: Prof Martyn Caplin – Dr Anant Patel

1. Surgical Considerations – **Prof Eric Lim**. 15'
2. Treatment of advanced disease – **Prof Rocio Carbonero (ESP)**: 15'
3. DISCUSSION – Q&A: 15

09: 30 – 10:45 SESSION E: SURGICAL DILEMMAS & ADVANCES IN GEP- NENs

Moderators: Mr Olagunju Ogunbiyi – Ms Theodora Pissanou

1. PNETs: local vs radical resection – **Prof Kito Fusai** 15'
2. Downstaging strategies vs primary resection for locally advanced pNETs – **Prof Brian Davidson** 15'
3. Locoregional treatments vs resection for NET hepatic metastases – **Prof Andrea Frilling** 15'
4. Minimally invasive robotic surgical approaches combined with multi-modal small bowel assessment for small bowel NET – **Mr Reza Mirnezami** 15'

DISCUSSION – Q&A: 15'

10:45 – 11:15: Coffee-Tea break / Networking

11:15 – 12:00: SECTION F: TRANSPLANTATION IN GEP-NETs

Moderators: Prof Raj Srirajaskanthan – Mr Bobby Dasari

1. The possibility of small bowel transplantation in midgut NET – **Mr Emilio Canovai** 15'
2. The reality of liver transplantation for NET – **Mr Bobby Dasari** 15'

DISCUSSION – Q&A: 15'

12:00 – 13:30: SESSION G: ESTABLISHED TREATMENTS FOR ADVANCED NENs

Moderators: Prof Mark Prichard – Dr Dan Krell

1. Molecular targeted agents: emerging data for everolimus and sunitinib for GEP NEN, paraganglioma/phaeochromocytoma: **Prof Debashis Sarker** 15'
2. Systemic chemotherapy – “the old / good friend”: Choosing the appropriate patient, timing and regimen: **Dr Mairead McNamara** 20'
3. Treatment with Lu-177 Radiolabelled peptides : “the game-changer”
 - a. *Appropriate position in treatment algorithms – impact on symptoms and quality of life* – **Dr Aimee Hayes** 15'
 - b. *Precautions in challenging scenarios* – **Dr Ann-Marie Quigley** 15'

DISCUSSION (FOR 1, 2 and 3) & Q&A: 20'

13:30 – 14:30: Lunch break

Industry Symposium (IPSEN): 13:45 – 14:15

Speakers: Prof Christos Toumpanakis – Dr Alia Munir

14:30 – 16:30: TWO PARALLEL SESSIONS TO SESSIONS H & I:

- a) NET Nurses' and Dieticians' symposium (Sr Jacqueline Bates - Ms Yasmin Chotai De Lima)***
- b) Neuroendocrine cancer for Primary Care: what you need to know (Dr Alex Ho, Dr Dr Kalyan Shekhda, Ms Lisa Walker)***

14:30 – 15:30 SESSION H: EMERGING TREATMENTS

Moderators: Prof Nick Reed – Prof Thomas Walter (FRA)

- 1. The future of radiolabelled treatments – **Dr Shaunak Navalkissoor** 15'
- 2. New TKIs: **Dr Charlotte Fribbens** 15'
- 3. Immunotherapy and new molecules – **Prof Thomas Walter (FRA)** 15'

DISCUSSION – Q&A: 15'

15:30 – 16:30 SESSION I: NENs IN CHALLENGING POPULATIONS

Moderators: Prof Simona Glasberg (ISR) – Dr Effie Karra

- 1. In pregnancy – **Prof Martyn Caplin** 15'
- 2. In children / adolescents – **Dr Harini Rao** 15'
- 3. In elderly – **Prof Raj Srirajaskanthan** 15'

DISCUSSION – Q&A : 15'

16:30 – 16:45: Tea / Coffee Break

16: 45 – 17:25 SESSION J: Live MDT

Moderator: Prof Christos Toumpanakis

Cases' Presenter: Dr Elisavet Tasouli

Panellists: Oncologist (**Prof Nicholas Reed**), Gastroenterologist (**Prof Mark Pritchard**), Endocrinologist (**Prof Simona Glasberg**), HPB Surgeon (**Prof Brian Davidson**), Colorectal Surgeon (**Mr Reza Mirnezami**), Radiologist (**Dr Dominic Yu**), NM Physician (**Dr Shaunak Navalkissoor**), Histopathologist (**Dr Jennifer Watkins**), Clinical Nurse Specialist (**Ms Ewa Frackiewicz**)

17: 25 – 17:30: CONCLUSIONS – Prof Christos Toumpanakis

Parallel sessions' Agendas

A) RFH NET Masterclass - Nurse / Dietician symposium

Moderators : Ms Yasmin De Lima Chotai, Clinical Lead Dietician NET Oncology and Sr Jackie Bates Neuroendocrine Clinical Nurse Specialist

Friday 19th June 2026 14:30-16:30

Agenda

14.30 – 14.35: Introduction, **Sr Jackie Bates NET CNS (Royal Free Hospital)**

14.35 – 14.50: Diarrhoea – potential causes, how to triage and solutions

Ms Yasmin De Lima Chotai, Clinical Lead Dietician, NET Oncology (Royal Free Hospital)

14.50 – 15.05: Fatigue – causes, how to help patients manage, current research

Ms Poppy Wilson, Lead Occupational Therapy, Oncology (Royal Free Hospital)

15.05 – 15.40: Carcinoid syndrome/Carcinoid Heart Disease – symptoms, how to triage, when to escalate

Sr Wendy Martin, Lead CNS for Neuroendocrine Tumours (Kings College Hospital)

15.40 – 15.50: Depressive and anxiety symptoms, overview current evidence and preliminary study findings

Ms Sandra Szafoni (Department of Endocrinology and Neuroendocrine Tumours (Medical University of Silesia, Katowice, Poland)

15.50 – 16.25: Sitting with Psychological Distress

Mr Nir Sonenberg, Highly Specialist Practitioner Psychologist (Royal Free Hospital)

16.25 – 16.30: Closing questions

B) Neuroendocrine cancer for Primary Care: what you need to know

The 10th Most Prevalent Cancer – From early detection to improved patient outcomes

Moderators: Dr Alex Ho, Dr Dr Kalyan Shekhda, Ms Lisa Walker

Friday 19th June 2026 14:30-16:00

Agenda

Spotting the Subtle: Early signs of neuroendocrine cancer in primary care
Dr Gordon Brown, retired GP living with neuroendocrine cancer

Beyond Diagnosis: Current management and future directions for earlier detection.
Dr Kai Man Alexander Ho, Consultant in Gastroenterology and Neuroendocrine Tumours, Royal Free Hospital

Risk and Innovation: Genetic neuroendocrine syndromes and new treatment approaches in neuroendocrine cancer
Dr Kalyan Shekhda, Consultant Endocrinologist, Whittington Hospital

Q & A and Panel discussion: Why early detection of neuroendocrine cancer matters

FACULTY

MASTERCLASS CHAIRS

Prof Martyn Caplin, Professor of Gastroenterology and Neuroendocrine Cancer, Royal Free Hospital London, UK

Prof Christos Toumpanakis, Professor of Gastroenterology and Neuroendocrine Tumours, Royal Free Hospital London, UK

SESSIONS' MODERATORS / SPEAKERS

Prof Rocio Carbonero, Consultant in Medical Oncology at Hospital Universitario 12 de Octubre, Madrid, Spain

Prof Ashley Grossman, Professor of Endocrinology, Royal Free Hospital London, UK

Dr Jeniffer Watkins, Consultant Histopathologist, Royal Free Hospital London, UK

Prof Mohid Khan, Consultant in Gastroenterology and Neuroendocrine Tumours, University Hospital of Wales, UK

Dr Conrad Von Stempel, Consultant Radiologist, Royal Free Hospital London, UK

Dr Shaunak Navalkisoor, Consultant in Nuclear Medicine, Royal Free Hospital London, UK

Dr Bernard Khoo, Consultant in Endocrinology, Royal Free Hospital London, UK

Dr Eleni Armeni, Consultant in Endocrinology, Royal Free Hospital London, UK

Dr Alia Munir, Consultant in Endocrinology, Sheffield Teaching Hospitals NHS Foundation Trust, UK

Dr Effie Karra, Consultant in Endocrinology, Royal Free Hospital London, UK

Dr Dalvinder Mandair, Consultant in Gastroenterology and Neuroendocrine Tumours, Royal Free Hospital, London, UK

Dr Mary McStay, Consultant in Gastroenterology, Colchester Hospital, Colchester, UK

Dr Edward Despott, Consultant in Gastroenterology and Interventional Endoscopy, Royal Free Hospital London, UK

Dr Alberto Murino, Consultant in Gastroenterology and Interventional Endoscopy, Royal Free Hospital London, UK

Dr Joseph Davar, Consultant in Cardiology, Royal Free Hospital London, UK

Dr Anant Patel, Consultant in Respiratory Medicine, Royal Free Hospital London, UK

Prof Eric Lim, Consultant Thoracic Surgeon, Royal Brompton Hospital, London, UK

Mr Olagunju Ogunbiyi, Consultant Colorectal Surgeon, Royal Free Hospital London, UK

Ms Theodora Pissanou, Consultant HPB Surgeon, Royal Free Hospital London, UK

Prof Kito Fusai, Professor of HPB Surgery, Royal Free Hospital London, UK

Prof Brian Davidson, Professor of HPB Surgery, Royal Free Hospital London, UK

Prof Andrea Frilling, Professor of HPB Surgery, Imperial College London, UK

Mr Reza Mirnezami, Consultant Colorectal Surgeon, Royal Free Hospital London, UK

Prof Raj Srirajaskanthan, Consultant in Gastroenterology, King's College Hospital, London, UK

Mr Bobby Dasari, Consultant HPB and Transplant Surgeon, Queen Elizabeth Hospital, Birmingham, UK

Mr Emilio Canovai, Consultant Transplant and Access Surgeon, Churchill Hospital OUH Trust, Oxford, United Kingdom

Prof Mark Pritchard, Professor of Gastroenterology, Royal Liverpool and Brodgreen University Hospitals NHS Trust, Liverpool, UK

Dr Dan Krell, Consultant Oncologist, Royal Free Hospital, London, UK

Prof Debashis Sarker, Professor of Oncology, King's College Hospital, London, UK

Dr Mairead McNamara, Consultant Oncologist, Consultant in Medical Oncology at The Christie NHS Foundation Trust, Manchester, UK

Dr Aimee Hayes, Consultant in Endocrine Oncology, Royal Free Hospital, London, UK

Dr Ann-Marie Quigley, Consultant in Nuclear Medicine, Royal Free Hospital, London, UK

Ms Yasmin Chotai De Lima, Senior NET Dietician, Royal Free Hospital, London, UK

Sr Jacqueline Bates, NET Clinical Nurse Specialist, Royal Free Hospital, UK

Ms Poppy Wilson, Lead Occupational Therapy, Oncology, Royal Free Hospital

Sr Wendy Martin, Lead CNS for Neuroendocrine Tumours, Kings College Hospital

Ms Sandra Szafoni, Department of Endocrinology and Neuroendocrine Tumours, Medical University of Silesia, Katowice, Poland

Mr Nir Sonenberg, Highly Specialist Practitioner Psychologist, Royal Free Hospital

Dr Alex Ho, Consultant in Gastroenterology and Neuroendocrine Tumours, Royal Free Hospital, London, UK

Dr Kalyan Shekhda, Consultant Endocrinologist, Whittington Hospital, London, UK

Dr Gordon Brown, retired GP

Ms Lisa Walker, CEO, Neuroendocrine Cancer, UK

Prof Nick Reed, Consultant Oncologist, Beatson Oncology Centre (BOC), Glasgow

Prof Thomas Walter, Consultant in Gastroenterology and Neuroendocrine Tumours, Hospices Civils De Lyon, France

Dr Charlotte Fribbens, Consultant Oncologist, Royal Marsden Hospital, London, UK

Prof Simona Glasberg, Consultant Endocrinologist, Hebrew University of Jerusalem, Israel

Dr Harini Rao, Consultant Paediatric Oncologist, Royal Marsden Hospital, London, UK

Dr Elisavet Tasouli, Senior Clinical Fellow in NET, Royal Free Hospital, London, UK

Dr Dominic Yu, Consultant Radiologist, Royal Free Hospital, London, UK

Sr Ewa Frackiewicz, NET Clinical Nurse Specialist, Royal Free Hospital, UK

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